

# Dgroup Discussion Guide for March 18, 2018 Don't Quit

Scripture: Hebrews 10:32-39

"Quit-it is" is a spiritual disease of giving up and avoiding difficult situations and taking the path of least resistance. The antidote to this is **endurance**. In the Bible, the Greek word used for this is "hupomeno". It is a military term that describes soldiers who does not give up their position and remains steady under pressure.

Biblical endurance is more than just simply waiting. It is endurance combined with assurance and certainty that what we are looking for is going to happen.

Luke 8: 11-15 explains to us the Parable of the different kinds of soil. Like the first three types of soil, the word of God did not bear fruit and they did not endure suffering. The seed that grew on the fourth soil however, endured and produced fruits. This is God's will for us, that we will endure and persevere throughout all trials so that we will bear much fruit. Matthew 10:22 however assures us that **you will be hated by all because of My name, but it is the one who has endured to the end who will be saved.** 

How can we apply ENDURANCE in our life?

# **PRAY CONTINUALLY**

When we feel like giving up, we have to pray. Matthew 18:1 says that we **ought to pray and not lose heart.** Similarly 1 Thessalonians 5: 17 says **pray without ceasing**. Furthermore, we are promised in Matthew 7:7-8 **Ask and it will be given to you; Seek and you will find; Knock and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.** 

# TRUST IN GOD'S PROCESSESS

Philippians 1:6 says For I am confident of this very thing, that He who began the good work in you will perfect it until the day of Christ Jesus. James 1:2-4 also says Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing.

We have to trust the process, we have to trust God to place our confidence that in His perfect time all will be right. Endurance is a by-product of faith, an evidence of genuine salvation.

#### LONG FOR HIS APPEARING

James 1:12 Blessed is a man who perseveres (hupomeno) under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him. When we have an intimate relationship with God, we will endure suffering for He will give us the grace to be steadfast.

In our waiting we should have a joyful expectation that the best is yet to come. The apostle Paul says I have fought the good fight, I have finished the course, I have kept the faith; 8 in the future there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day; and not only to me, but also to all who have loved His appearing.

Let us not hurry God's processes. Instead let us learn to wait. To surrender. To endure. To trust in God and His plans for us. And when all His plans have come to pass, then we can enjoy eternal life with Him.

## **DISCUSSION QUESTIONS:**

- Quit-its. Are you guilty of this? What are the circumstances that would make you guit immediately?
- 2. What hinders you from enduring? What makes it difficult for you to wait?
- 3. PTL. Of the three, which is the one you struggle with the most? How can you improve on your *hupomeno?*

## PRAYERS:

Lift all the things that you learned back to God. Share your thoughts to Him. If He is impressing a sin in your life, confess it to Him. He is always ready to forgive.